ACKNOWLEDGEMENT OF INHERENT RISKS AND RELEASE OF LIABILITY

ARBRASKA –ST-GREG AVENTURES inc

AERIAL COURSES – GPS RALLY – TARZAN GEOCACHING Date: _____

First name	Last name		
Address	City	Province	Postal Code
Email Address	Phone number	►► **Height if less then 18 years old**	

I acknowledge having read the safety rules concerning the inherent risks and the park regulations, and, I attest that I will attend the initiation with attention and that I will rigorously apply all safety requirements and rules to this activity.

► I have been informed of the inherent risks encountered on the site concerning the use of the belts, harnesses and safety equipment, the degree of difficulty (form and mobility) of each course, platform, game and zip line;

► During the initiation I will receive directives and will be informed of safety measures and the implication of my participation concerning the inherent risks of accidents and bodily injury as a result of participating in the aerial courses.

► I am the best and only judge as to my degree of ability to participate in this activity and I am conscious of the additional risks to which I expose myself voluntarily and with full knowledge of the facts.

► I am in good physical and mental health and do not suffer from any handicaps or physical conditions that could constitute a danger in relation to my participation in the courses and I accept to participate freely.

► Consequently, I release from any responsibility, ST-GREG AVENTURES inc. and its subsidiary companies, as well as the organizers of this activity.

► GPS rally (on foot or on snowshoes): I have been informed of the inherent risks of using snowshoes (Winter season), of each difficulty degrees (health shape and mobility of each) and of all activities: Waling trails during the summer or winter.

► I have been informed that accesses to the following activities are reserved to experienced participants: Night trek. Consequently, I recognize that I am not a beginner and I accept the additional risks met on these courses.

I WILL PARTICIPATE TO THE FOLLOWING ACTIVITY:

☐ **REGULAR AERIAL COURSES** ☐ **TARZAN GEOCACHING** ☐ **NIGHT TREK (**16 years + with parental permission)
☐ **GPS RALLY** ☐ **SUPER TARZAN GEOCACHING**

► If less then 18 years old**: I am** _____ **years old.**

► Signature of participant: _____

► Permission from my parents or guardian (if under 18 years old) _____

ACKNOWLEDGEMENT OF IHNERENT RISKS **Fractures, sprains, sunstroke, dizziness, bruises, hyper ventilation. Pregnant women and people with a heart condition should abstain from practicing this activity. People who are overweight (more then 250 pounds), and/or in poor physical condition should be conscious of their physical well-being while participating in this activity and should cease their participation if necessary.**

INTERIOR REGULATIONS ARBRASKA – ST-GREG AVENTURES inc.

Participants are obliged to respect the safety instructions by observing the following points :

- **It is forbidden to be on drugs or alcohol on the aerials courses. Drugs are totally forbidden all the time on the site.**
- It is obligatory to participate at the security briefing (initiation) before attempting the aerial courses.
- Stay constantly attached to the cables by means of the 2 carabiners. NEVER detach both carabiners at the same time.
- You must respect the accessibility of each course according to the decision of the person responsible at the cash. Colored bracelets are distributed according to the age and the height of each participant.
- Children under the age of 14 must be accompanied by an adult at all times.
- It is forbidden to be more than 3 people per platform, 2 people per game and 1 person per zip line.
- It is formally forbidden to smoke in the courses and in the forest, as well as, inside the chalet.
- It is forbidden to walk outside the trails, and the helmet needs to be wear at all times because of the pully falling risk.
- Respect your designated return time to the chalet for the good of everyone.
- The direction of **Arbraska** – **St-Greg Aventures inc** and its patrols ultimately reserves the right of exclusion of any person who does not respect the safety rules, with no other form of warning, nor refund.
- We have implemented all means and personnel necessary to ensure your safety, which also depends on your attitude in regards to respecting the instructions that have been clearly explained.
- Night treks are reserves for 16 years and older, with parental permission. Do not participate at the night trek in case of a bad night vision.
- It is strongly advised before beginning the aerial course that you attach long hair, wear sport shoes and comfortable clothing. You are in a forest environment. Arbraska is not responsible in the case of marks or tears to clothing and shoes sustained in the courses. The direction of **Arbraska St-Greg Aventures inc.** reserves the right to interrupt the activities if they judge that the meteorological conditions demand it,

Do not hesitate to ask for advice from our patrolling guides in case of a delicate situation.

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